Do's and Don'ts

**Do's**
1. Washing hands frequently with dettol.
2. Maintaining social distance.
3. Avoid touching eyes, nose and mouth.
4. Cough or sneeze into your elbow, not your hand.
5. Wear a mask if you are sick.
6. Seeking medical care in case of fever or cold.

**Don'ts**
1. Sneezing on palms.
2. Being racist.
3. Attending social gatherings when sick.
4. Panic buying and leaving nothing for others.
5. Spitting in public.
6. Travelling during epidemics and pandemics.